



Feast Café Bistro is the first of its kind in Manitoba – an Indigenous owned and operated restaurant serving dishes inspired by the traditional foods of this great land. Owner Christa, from Peguis First Nation, has spent nearly 20 years refining her cooking skills and expanding her knowledge of Indigenous foods. She is a homecook turned restaurateur whose passion and creativity are woven into the fabric of Feast, each recipe is developed in Christa's home kitchen.

We source as many local ingredients as possible. The bison is farmed right here in Manitoba, our cheese is from Bothwell, the pickerel is caught from our many lakes, and our coffee is roasted locally by DeLuca's, our neighbours in the West End. Our native bread also known as bannock is made-to-order, fresh everyday and is vegan.

We aim to provide employment opportunities to individuals seeking experience in the restaurant industry. We pride ourselves in being a pillar in the community, providing support to local organizations in the form of job practicums, mentorship, work experience programs, and business tours.

Feast would love to host your private party, or cater events at the location of your choosing. We work with groups of any size, will plan a menu that suits your needs, and create lasting memories. Visit our website or email catering@feastcafebistro.com.

"Feast's menu stems from my heart, home, and garden.
To see my recipes become a favourite to many is humbling" ~Christa



catering@feastcafebistro.com feastcafebistro.com 587 Ellice Avenue Winnipeg, Manitoba R3B 1Z7 204-691-5979 CATERING MENU LUNCH & DINNER



LUNCH & DINNER

## DIY 'TIPI' TACOS

Toppings served separately on traditional frybread, build-your-own tacos. Gluten-free corn tortilla available on request

ITEMS	PRICE PER GUEST
POW WOW g  MB grass-fed bison, beans, shredded lettuce, Bothwell cheddar, red onions, roasted corn & bean salsa, maple chipotle lime sour cream drizzle	19.75
SUNDANCE g Slow-roasted, shredded maple chipotle chicken, shredded lettuce, Bothwell cheddar, red onions, roasted corn & bean salsa, maple chipotle lime sour cream drizzle	18.75
THE GATHERER vg Vegan chili, loads of veggies, assorted beans, shredded lettuce, Bothwell cheddar, red onions, roasted corn & bean salsa, maple chipotle lime sour cream drizzle	17.50
Add Guacamole	3.25

## **SALADS**

Made with fresh seasonal ingredients.

Small Salad (serves 6-8)	Medium Salad (serves 14-16)	Large Salad	Large Salad (serves 23-25)		
	ITEM	SMALL	MEDIUM	LARGE	
FEAST HOUSE SALAD v Field greens, feta cheese, wild rice, cucu dried cranberries, & homemade Saskato	ımbers, red onions, toasted sunflower seeds oon vinaigrette	,			
SPINACH SALAD Baby spinach, mushrooms, boiled egg, tomatoes, red onion, & homemade crea		46.25	02.50	120 50	
POTATO SALAD <i>v</i> Local potatoes, radishes, green onions, dressing	boiled egg, celery, Dijon mayonnaise	46.25	93.50	138.50	
MACARONI SALAD v Elbow pasta, green onions, Bothwell che fresh dill, mayonnaise	eddar, boiled egg, red peppers, sweet peas,				
CAESAR SALAD v Crisp romaine hearts, parmesan shaving garlic dressing	gs, herbed bannock croutons, & creamy	45.00	00.25	133.00	
TOSSED SALAD <i>v</i> Field greens, shredded carrots, cucumb dressing	ers, red onions, tomatoes, ranch & italian	45.00	90.25	133.00	
COLESLAW		24.25	51.25	80.50	



LUNCH & DINNER

SOUPS				
ITEM		PRICE		
SOUPS // Serves approximately 16 people, 8oz servings. Includes assorted bannocks	VEGETARIAN v	71.50		
with butter.  All stocks are made in-house from our vegetable and meat trimmings  Vegan and gluten-free soup options available upon request.  Variety depends on soup of the day	MEAT BASED	82.50		
	For orders less than 15 people, per serving:	9.75		

SANDWICH TRATS					
ITEM	SERVINGS	PRICE			
Assortment of sandiwches and wraps. No processed meats, each cut in half. Gluten-free	Small Tray (5 sandwiches)	54.95			
breads and corn tortillas available for additional fee. Please specify any dietary restrictions.  Small Tray: Select 1 sandwich variety  Medium Tray: Select 2 sandwich varieties	Medium Tray (10 sandwiches)	107.75			
	Large Tray (15 sandwiches)	159.25			
Large Tray: Select 3 sandwich varieties	Additional Sandwiches	10.95			

CANDIATOR TDAVE

### SANDWICH VARIETIES

## VEGAN ${\cal V}$

Vegan wrap, roasted garlic hummus, avocado, cucumbers, romaine lettuce, spinach, red onions, peppers, cilantro

## TUNA SALAD

Tuna with dill, celery, green onions, mayo, dijon mustard and lemon on French Bread, Winnipeg Rye, or flour torilla wrap

## MAPLE HAM

Roasted maple ham, Bothwell cheddar, lettuce, honey mustard, mayo on bannock bun

## SHAVED BEEF

Roasted Manitoba beef, swiss, lettuce, mayo, tomato, mustard on multigrain.

### ROASTED CHICKEN

Free-range, local olive oil & oregano chicken breast, lettuce, house-made cranberry sauce & mayo on Winnipeg rye

## EGG SALAD

Farm fresh egg, green onion, celery, lettuce, mayo on French bread

### TURKEY SALAD

Roasted lemon-thyme turkey, dried cranberries, apple, mayonnaise, lettuce on Winnipeg Rye or in flour tortilla wrap

## CHICKEN CAESAR WRAP

Crispy chicken breast, romaine, parmesan, bannock herbed croutons, creamy garlic dressing in flour tortilla wrap

## CHICKEN AND WILD RICE WRAP

Free-range chicken breast, cranberry sauce, wild rice, & lettuce, mayo in flour tortilla wrap



LUNCH & DINNER

## BURGERS & MELTS

Sides not included, served on fresh bannock bun. All condiments are served on the side.

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ITEM			PER GUEST		
BACK TO BISON CHEDDAR BURGER  MB grass-fed bison patty, Bothwell cheddar, Feast BBQ sauce, lettuce, tomato, red onion, dill pickle, mustard, mayo, fresh bannock bun			\$19.75		
VEGAN BEAN BURGER <i>v</i> Corn and bean patty, Feast BBQ sauce, avocado, lettuce, tomato, red onion, fresh bannock bun			\$14.25		
CHICKEN CRANBERRY MELT Roasted chicken breast, citrus cranberry sauce, Bothwell mozzarella, lettuce, mayo, fresh bannock bun			\$16.50		
Add garlic mushrooms 2.25	А	Add smoked bacon			
HEARTY COMFORTS Our Hearty Comforts are available with beef, bison, as well as made vegetarian (or vegan where possible).					
ITEM	SERVINGS	PR	ICE		
		VEC REE	E RISON		

ITEM	SERVINGS		PRICE	
		VEG.	BEEF	BISON
STEWS BISON (CAN ALSO BE MADE WITH BEEF) & Manitoba bison, homemade stock,	Small ( 8-10)	98.75	117.95	138.50
potato, butternut squash, celery, corn, sweet peas, carrots, onion, garlic & traditional herbs. Served with assorted bannocks	Medium (16-19)	193.50	233.25	272.75
<b>VEGAN</b> $Vg$ Homemade vegetable stock, squash, potatoes, lima beans, green beans, sweet peas, corn, celery, onions, garlic & traditional herbs. Served with assorted bannocks & butter	Large (24-27)	267.25	323.50	378.50
CHILIS  BISON g (CAN ALSO BE MADE WITH BEEF) Local MB grass-fed bison, seasonal	Small (8-10)	98.75	117.95	138.50
beans, loads of veggies, sweet corn, fire-roasted tomatoes. Served with assorted bannocks & butter	Medium (16-19)	193.50	233.25	272.75
<b>VEGAN</b> $Vg$ Seasonal beans, loads of veggies, sweet corn, fire-roasted tomatoes. Served with assorted bannocks & butter	Large (24-27)	267.25	323.50	378.50
<b>LASAGNAS</b> $g$ gluten-free pasta available upon request	Small (8-10)	98.75	117.95	138.50
FIRE-ROASTED BUFFALO LASAGNA (CAN ALSO BE MADE WITH BEEF) Mb grass-fed bison, Bothwell three-cheese blend, fire-roasted tomatoes, peppers, carrots, basil & garlic. Served with assorted bannocks & butter	Medium (16-19)	193.50	233.25	272.75
<b>VEGETARIAN LASAGNA</b> <i>v</i> Bothwell three-cheese blend, spinach, loads of veggies, fire-roasted tomatoes. Served with assorted bannocks & butter	Large (24-27)	267.25	323.50	378.50
SHEPHERD'S PIE g	Small (8-10)	N/A	117.95	138.50
BISON SHEPHERD'S PIE Local MB grass-fed bison, seasonal veggies, roasted garlic potato squash mash, corn & peas. Served with assorted bannocks &	Medium (16-19)	N/A	233.25	272.75
butter	Large (24-27)	N/A	323.50	378.50



	café   bistro				LU	NCH 8	S DINN
		BANNOCK P	IZZA				
	ITEM				SERVINGS		PRICE
SUTTERNUT SQUASH v		1/2 Sheet (8-10 slices	s) 60	0.50			
White sauce, roasted butternut squash, Bothwell cheddar & mozzarella, toasted pine			Full Sheet (16-20 slice	es) 11	15.50		
THE FEAST		_			1/2 Sheet (8-10 slices	5) 60	0.50
House-made red sauce, Bothwo moked bacon on traditional ba	ell mozzarella, annock crust	MB grass-fed bison saus	age, pepp	peroni,	Full Sheet (16-20 slice	es) 11	15.50
ANSI HAWAII					1/2 Sheet (8-10 slices	s) 60	0.50
louse-made red sauce, Bothwo ineapple on traditional banno		roasted maple ham & fro	esh grilled	d	Full Sheet (16-20 slice	es)   11	15.50
dd Extra Toppings: bacon, mu		ers, jalapenos, onions,			1/2 Sheet (8-10 slices	s) 17	7.75
naple roasted ham, bison saus	age				Full Sheet (16-20 slice	es) 35	5.00
Come with assorted bann		OT LUNCHES ANI Served with choice of tw			order required, inquire	e for de	tails.
ITEM	PRICE	ITEM		PRICE	ITEM		PRICE
SASKATOON BERRY BBQ CHICKEN BREAST ${\it g}$	25.25	WILD BLUEBERRY S' & SOUR MEATBAL		25.25	BISON MEATBALLS MUSHROOM GRA		25.25
LEMON PEPPER PICKEREL	28.50	SLOW-ROASTED MB BISON		31.95	ASK US ABOUT OUR CURRENT VEGAN C		PTIONS!
		CHOOSE TWO S	IDES:				
Wild	Rice Blend				Potato Squash Mash		
Roasted Root Vege	etables (+ \$2.0	.00/person) Seasonal Steamed Vegetables					
	·	ITEM					PRICE
OASTED BUTTERNUT SQUASH Vith garlic-herbed buttercream			s & butter				25.25
		SIDE DISHES/AL	DD <b>-</b> ON	IS			
		ITEM			SERVIN	GS	PRICE
CCOMPANIMENTS					   Small (12-1	6)	58.25
WILD RICE BLEND $Vg$ Wild rice, basmati rice, onions, carrots, celery, traditional herbs			Medium (18		77.50		
OTATO SQUASH MASH $vg$							+
CHEF SELECTION OF SEASONAL STEAMED VEGETABLES $V_g$			Large (28-3	2)	105.50		
			Small (10-1		70.50		
CHEF SELECTION OF ROASTED ROOT VEGETABLES $V_{m{g}}$		Medium (12	2-16)	89.50			
			Large (18-2	2)	123.25		
LATTERS & TRAYS					Small (12-1	6)	47.25
SEASONAL VEGETABLE TRAY $vg$ With ranch dill dip			Medium (18	3-22)	84.25		
RESH SEASONAL FRUIT PLATTI	ER $V_g$				Large (28-3	2)	118.95



LUNCH & DINNER

<b>DESSERTS</b> (vegan and gluten-free dessert options available upon request)					
ITEM	SERVINGS	PRICE			
WARM CRISP v	Small (8 - 10)	59.25			
Wildberry	Medium (16-20)	113.25			
TRADITIONAL RICE PUDDING v with cinnamon and raisins	Large (25-30)	163.25			
DAINTY TRAY <i>v</i> Assortment of butter tarts, double chocolate brownie cake w/ raspberry ganache,	Medium (50-60pcs)	83.75			
mini cheesecake bites & mini dessert bannocks. Seasonal selection may vary.	Large (90-100pcs)	143.00			
DESSERT BANNOCK TRAY v	Medium (~8)	35.25			
Traditional frybread dessert bannocks - cinnamon sugar, De Luca fine chocolate, s'mores, coconut, white chocolate, frosted, skor & more	Large (~14)	61.75			
CINNAMON SUGAR BANNOCK TRAY v	Medium (~8)	26.00			
Traditional cinnamon sugar frybread dessert bannocks	Large (~14)	45.25			
FRESH BAKED COOKIE TRAY <i>v</i> Chocolate chip,macadamia nut, double chocolate & oatmeal raisin	per cookie	2.75			
CHESECAKE v • Chocolate • Caramel • Wildberries	per slice	9.00			
CHOCOLATE BROWNIE CAKE <i>g</i> Flourless chocolate brownie cake with chocolate ganache and chocolate pearls	per slice	8.00			
HOMEMADE PIE v	per slice	8.25			
<ul> <li>Strawberry Rhubarb</li> <li>Apple</li> <li>Blueberry</li> <li>Ask about Seasonal Varieties</li> </ul>	whole pie	49.50			
	Small (20)	54.75			
BANNOCK TRAY : PLAIN, RAISIN, SASKATOON BERRY, FRYBREAD V Served with butter and Feast seasonal jam.	Medium (40)	104.25			
Served with butter and reast seasonat jam.	Large (60)	148.25			

SPECIALTY DRINKS				
ITEM	SERVINGS	PRICE		
Homemade Herbal Very Berry Iced Tea with Lemon and Mint		59.25		
Coffee, Deluca's French Roast	3L container	38.95		
Tea Service, Orange Pekoe	serves 8-12	38.95		
Herbal Tea Service	1	41.95		
San Pellegrino Italian Soda (blood orange, clementine, and lemonade)		4.25		
Fruit juice (orange, apple, cranberry)		3.95		
Bottled Water (500ml)	– each	3.25		
Assorted Canned Pop and Soda		3.25		

Serving staff is available to ensure you can enjoy your event hassle free. Our staff will take care of you, your guests and ensure a successful event from start to finish. Please inquire for availability.

Bar Service is available featuring pairings from our consultant sommelier, an assortment of local beers and cocktails.



TERMS AND CONDITIONS

## TAXES, FEES, GRATUITIES

All orders are subject t to applicable PST and GST. A 10% administrative fee/gratuity will be applied to all food and beverage orders. A 20% gratuity will be added for any staffed events.

## MENU CUSTOMIZATION

At Feast, we want to ensure your event is exactly how you imagined. We are happy to customize any orders, or make substitutions for any dietary restrictions or specification. We offer a wide variety of vegan, vegetarian and gluten-free options and will gladly work with you to plan the perfect menu.

If there is anything you don't see on the menu, we will gladly work with you to design a custom menu suitable to your needs. You name it, we'll make it work!

### **ORDERING**

Catering orders are subject to our team's availability. Orders are confirmed on a first come-first served basis, so it's best to book early. We will work to coordinate a last-minute event, but menu selections may be more limited.

Additional price reductions may be available for large events, please inquire.

## **DELIVERY**

Catering delivery is available for orders of \$300 or more, for smaller, pickup is required. Exceptions can be made depending on availability. Please inquire within.

Please allow a window of +/-20 minutes when setting your delivery time. We always strive to deliver at the requested time, but extenuating circumstances, like traffic or weather may affect delivery time.

## MENU SELECTIONS AND QUANTITIES

For orders of less than \$500, all menu selections, changes, or number of guests, must be communicated no later than 48 hours prior to your event.

For orders of \$500 or more, changes and selections must be communicated 4 business days prior to your event.

## PRICING CHANGES

All prices are subject to change without notice until a final quote is provided, at which point prices remain fixed and guaranteed until the date of the event.

### **CANCELLATIONS**

For large events, we require minimum 5 business days cancellation notice. For smaller orders, a 72 hour or 3 business day cancellation policy applies.

Charges will apply without sufficient cancellation notice.

## **PAYMENT**

Deposits may be required for large events, will be discussed prior to ordering.
Payment accepted within 5 business days of event unless other arrangement have been made.
Payment can be made by Cheque, Cash, Debit, or Credit (Mastercard, VISA, AMEX)

## **EXCEPTIONS**

We are happy to work with you and make accommodations, please inquire about exceptions to our policies.